

Tribhuvan University

2078

Bachelor Level **4 Yrs. Prog.** / Humanities / II Year

Full Marks: 70

**Social Work (SW. 423) : Basic Psychology for Social Work.**

Time: 3 hrs.

*Candidates are required to give their answers in their own words as far as practicable. The figures in the margin indicate full marks.*

Attempt any TWO questions from Group A and FOUR from Group B

**Group "A" (Long Answer Question)**

2×15=30

Answer any TWO.

1. Define psychology and discuss the major fields of psychology applied in social work practice.
2. Analyze biological, cognitive, and psychodynamic theory of psychology in relation with social work practice.
3. What is stress? Define and explain the stress management process practice in social work.

**Group "B" (Short Answer Question)**

4×10=40

Answer any FOUR.

1. Compare and contrast between sensation and perception.
2. What is motivation? Discuss and state the role of understanding human motivation in social work practice.
3. What is personality? Explain and compare with values and attitude.
4. Describe the importance of mental health and psychosocial wellbeing social.
5. Clarify the concept of positive psychology and happiness with appropriate examples.
6. Write short notes (Any TWO)
  - a) Adolescence
  - b) Subjective wellbeing
  - c) Emotions

TIBELPAE

5/10

10/12/40