

Tribhuvan University
2079

Bachelor Level **4 Yrs. Prog.** / Humanities / II Year
Psychology (Psy. 424) : Abnormal Psychology

Full Marks: 70
Time: 3 hrs.

Candidates are required to give their answers in their own words as far as practicable. The figures in the margin indicate full marks.

Attempt any TWO questions from Group A and FOUR from Group B

Group "A" (Long Answer Question)

2×15=30

1. Describe cause and types of eating disorders.
2. Compare and contrast the treatment approach of cognitive-behavioral and humanistic therapy. *person-centered positive reward - approach empathy genuineness agree*
3. "Cause of anxiety disorders are diverse." Justify. *agree*

Group "B" (Short Answer Question)

4×10=40

4. Highlight the symptoms of autism spectrum disorder.
5. Describe symptoms of schizophrenia. Elaborate the role of biological factors in schizophrenia.
6. Exemplify the symptoms of depressive disorders. Also, discuss the causal factors for depressive disorder.
7. Differentiate somatic symptom disorder from dissociative disorder.
8. Describe causes of substance-related disorders.
9. Trace out the history of abnormal psychology.

Anorexia nervosa (restrictive binge eating)
bulimia nervosa

binge eating

frustration (skull m. damage)
exorcism (physical torture)

yellow bile

17th century book published