

 College Supervisor

FIELD HOUR RECORD SHEET TIME-SHEET

Report No.: 10

S.No.	Date	Time	Activities	No. of Hours
30	May 26, 2022 (Testha 12, 2079)	1:30	Reached Family Planning Association of Nepal (FPAN).	
		1:30 - 2:30	Had a long Conversation and discussion related to it.	1 hr
		2:30 - 2:45	Hit the road after clicking photos and given token of love.	15 min.
			Report writing	1 hour
			Total hours	5 hrs, 55 min.

Peng
Trainee

Agency Supervisor

[Signature]
College Supervisor

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INTRODUCTION

"Kathmandu Cancer Center (KCC)" located at Tathali, Nala, Bhaktapur is an organization established in 2015 A.D., dedicated for Patients who have Cancer, Working with the aim of Providing Modern Cancer Care Services such as every kind of Cancer and advanced radiotherapy (IMRT, UMAT, TBI, TSET), advanced Cancer Pathology, day care infusion services, and many more. Its major goal is to achieve a Cure, and when cure is not possible, then giving Palliative therapy (a good life Prolongation and relief sufferings).

Trainee reached the organization at 9:25 a.m. Then interacted with the Manager, incharge of the hospital. Trainee was given orientation of the hospital, Services, Cures, Wards, therapies, Under-Privileged services, HPV vaccine etc.

"Manav Sewa Ashram" located at Kausaltar, Bhaktapur is an organization established in 2069, Bhadra 13. Its major goal is to give a shelter for the helpless citizens, rescuing the frail, feeble and mentally retarded homeless people and giving them new life. Trainee reached the organization at 11:00 a.m.

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"Family Planning Association Nepal" (FPAN), located at Tadibuti, Bhaktapur is an organization established in 2016 (1945 A.D.). It is a member association of the International Planned Parenthood Federation (IPPF), a major partner of the government of Nepal's national family planning program, contributing larger number of all family planning services in Nepal.

The major goal of FPAN is to provide an integrated package of essential services, which includes sexuality counseling, contraception, including emergency contraceptives, safe abortion, STIs, LRTIs, HIV & AIDS, gynecological and sexual & gender-based violence services etc.

Activity of the Day.

* Activity No. 1.) Attained the field visit of "Kathmandu Cancer Centre" (KCC).

Trainee reached the organization at 11:30 a.m. The organization was found out to have 19 branch from Mechi to Mahakali and 25 upa-branch. Trainee was showed up the video of Umakanta Chaudhary, who had a very miserable life & gave us information about how this organization helped him to regain his new life.

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FAN), tion	* Activity No. 2.) Attained the field visit of "Kathmandu Cancer Centre (KCC).
Assoc- ed	
Programme	Trainee reached the organization by time along with Coordinator and Supervisor.
Planning	The organization was found to be working for the curative of the patient diagnosed with Cancer by providing different therapies such as :-
to Provide	• BrachitheraPy → Internal radiotherapy for Cervix Cancer.
Which	
n), abortion), and	• Radiotherapy → Giving external radiation to the cells of body / parts.
es etc.	
	• Electron therapy → Very sensitive therapy, radiation is done in the whole body.
	Trainee also learned about the HPV vaccine (Human Papilloma Virus) which helps to protect against certain types of HPV that can lead to Cancer or genital warts.
of (KCC).	
tion at	
out to	* Activity No. 3.) Attained the Field visit of (FPAN), "Family Planning Association of Nepal."
ali and the	
ad a ation	Trainee reached the organization at 1:30 p.m. Organization was found out to have 28 districts branch. It is mainly focused on sexual & reproductive health programs. Trainee got several information about how FPAN contribute for maintaining quality of life, how it helps to build up the coordination between family members
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and economic resources.

Objectives of the Day.

- To know about the main goal of the organization.
- To seek knowledge about how the therapy is done in a Cancer Patient.
- To enhance knowledge on how trainee can raise awareness programs to prevent cancer and for the well-being of the people of the society.
- To build up rapport & recognition between trainee & different members of the organization.

Theory Applied.

* Principle of Acceptance.

Trainee applied the principle of acceptance as the trainee was welcomed and given orientation about the hospital.

* Principle of Non-judgemental Attitude.

Trainee applied the principle of Non-judgemental attitude, as there was no biasness, non-blaming attitude was formed.

* Principle of Controlled Emotions.

Though the trainee was shown the videos of many disabled and mentally retarded people, trainee controlled the emotions by

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giving sympathy towards the helpless people.

Learning.

Trainee gathered several information about the services provided in the organizations. Trainee learned that there are several organizations who work for the welfare of the people and the society. From this, trainee learned that trainee should be voice of the voiceless, by raising awareness programs, prevention is better than cure etc.

Trainee learned to build up good relation between different unknown faces. Trainee also learned how our small effort can lead to save someone's life.

Critical Analysis.

Strength.

Trainee think that the organizations of our field visit are passionately working organization which achieved more than the targeted goal & also are running to contribute more. Trainee was warmly welcomed and got many ideas by asking several information and queries.

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* Opportunity.

There were several opportunities. On the very first day, trainee was able to grab knowledge on how trainee can participate in events like awareness programs.

* Weakness.

The fund deposited in Manav Sewa Ashram runs only from the national citizens on the basis of special occasions like fathers & Mothers day, birthday movements, and other different festivals of Nepalese people. So, the small charity is like a drop in the ocean.

* Challenges.

Placement of the organization on far distance might be challenging.

Plans for the next week.

- Trainee will try to find out more about the organization & explore more information.
- Trainee will perform a friendly working environment.
- Trainee will involve in different activities and programs of the organizations.

Conclusion.

The field visit was very effective and productive for the trainee. Trainee was able to get several information from different organizations.